



Assumption Catholic School

“We Care for God’s Creation”



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Superintendent Mrs. Simone Oliver
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Principal’s Message

Welcome back to all of our students parents and teachers, and a special welcome to our **new** teachers and education assistants: Mr. Fred McGregor (FSL), Mlle. Sabrina Pedulla (FSL), Ms. Renata Cordani (Gr. 4-5), Ms. Robyn Heibert (Gr. 3-4), Mrs. Stefania Vela-Girard (E.A.), Mr. John Robb (E.A.), Mrs. Leslie Kaduck (E.A.), Miss Julia Haas (E.A.).

It has been a busy return to school and to the start of our first term, with our start back on August 31st this year.

Thank you to our parents and students for accommodating the necessary changes to class lists, as we worked to comply with the Ministry of Education’s mandate of a 20:1 ratio in our primary grades.



Taking the Bus

Many of our students ride the school buses provided to our school through the **Ottawa Student Transportation Authority (613-224-8800 website: www.ottawaschoolbus.ca)**. It is important that all students who take the bus understand the safety rules required to be followed to maintain their spot on the bus manifest. Students taking the bus have the bus safety rules explained to them for their understanding. It is expected that all students riding the bus will abide by those rules for their safety and the safety of all on the bus. It is also very important to advise the school of any change of address. It takes approximately 5 days for the bus route to be advised and changed, if necessary.

When busses are running late, please contact Stock Transportation at 613-749-3777.

H1N1 Update:

It has been all over the media. As the school year is now underway for another exciting year, please ensure you are following the H1N1 updates in the news and in our school news, too. Here is a comparison to normal cold symptoms.

Fever: fever is rare with a cold. Fever is usually present with the flu in up to 80% of all flu cases. A temperature of 100°F or higher for 3 to 4 days is associated with the H1N1 flu.

Coughing: A hacking, productive (mucus- producing) cough is often present with a cold. A non-productive (non-mucus producing) cough is usually present with the H1N1 flu (sometimes referred to as dry cough).

Aches: Slight body aches and pains can be part of a cold. Severe aches and pains are common with the H1N1 flu.

Stuffy Nose: Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week. Stuffy nose is not commonly present with the H1N1 flu.

Chills: Uncommon with a cold. 60% of people who have the H1N1 flu experience chills.

Tiredness: Tiredness is fairly mild with a cold. Tiredness is moderate to severe with the H1N1 flu.

Sneezing: Sneezing is commonly present with a cold. Sneezing is not common with the H1N1 flu.

Sudden Symptoms: Cold symptoms tend to develop over a few days. The H1N1 flu has a rapid onset within 3-6 hours. The flu hits hard and includes sudden symptoms like high fever, aches and pains.

Headache: A headache is fairly uncommon with a cold. A headache is very common with the H1N1 flu, present in 80% of flu cases.

Sore Throat: Sore throat is commonly present with a cold. Sore throat is not commonly present with the H1N1 flu.

Chest Discomfort: Chest discomfort is mild to moderate with a cold. Chest discomfort is often severe with the H1N1 flu.

Upcoming Special Dates to Remember



November 1st
All Souls Day

November 2nd
All Saints Day

November 2nd
Grade 5-6 class to 67’s
Game

November 5th
Photo re-take day

November 6th
Mass at 1:30. at
Assumption Church

November 11th
Remembrance Day
Service in Gym
10:55 a.m. start

November 12th
Parent Council
Meeting starting at
6:00 p.m. in the
Chapel

November 13th
Professional
Development Day –
No school for the
students

November 17th
Rosary in Chapel

November 20th
Mass at 11:00 a.m. at
Assumption Church

November 23rd – 27th
Arts Incentive Project
with all classes

November 27th
Liturgy in the Gym at
2:45 p.m.

Parish-School Connections



This year, our staff and students will visit Assumption Church for mass every Fridays, with the exception of one Friday per month, which will offer a liturgy at the school followed by an assembly. All parents/guardians are invited to participate in our masses and liturgies.

Also, Assumption Church is taking registrations for students who have not received their sacraments. If your son or daughter has not received the sacraments, and you would like for him or her to participate, please contact Assumption Church at 613-746-8503



Congratulations to our Soccer and Cross Country Running teams for their terrific representation of our school at the School Board tournaments this term. We may be a “little” school but we have a very big spirit!

Our Grade 5-6 class welcomed the National Evangelization Team to their class on October 1st and enjoyed a rich spiritual experience as they participated in games, role-play and discussion.



Cyber Safety

Children use computers for completing homework assignments, chatting with friends and playing games. It is strongly recommended to keep the computer in a location where you can monitor Internet activity and to also choose a safe user name that doesn't include personal information and that is gender neutral. Here are some important points to discuss with your children:

- Inform your children to avoid posting/sending pictures without your permission.
- Have them tell you if they are being bullied or harassed.
- Tell them not to give out personal information i.e.: name, age, school name or address.
- Make sure they are aware to never meet anyone from the Internet without discussing with a responsible adult beforehand.
- Inform them to avoid sharing their passwords with friends. They may cause mischief by reading and sending out emails from your child's account.
- For more information on cyber safety or bullying contact Ottawa Public Health at 613-580-6744 or visit their website at www.Ottawa.ca/health.

Taking Care of God's Creation and Each Other:

Woohoo!! Assumption Catholic School families “Net a Village”! We just received a letter from Buy-A-Net Malaria Prevention Group telling us that with the \$570.07 raised during our Lenten project last year, we were able to purchase enough nets to outfit the village of Sempa in Kawempe District of Uganda. Our gift will protect families in this village from malaria and will provide education on how to use the bed nets. Congratulations, everybody!!

Parent Advisory Council News:

We are very pleased to inform our parent community that we have a new parent council to help us out this year. Welcome to the following parents who will be donating their time to serve on our Parent Advisory Council this year: Co-Chairs: Mrs. Maria Ribocco-Lutkiewicz and Ms. Sharon St. Amour; Treasurer: Mrs. Nancy Imperadeiro; Secretary: Mrs. Julia Wantok; CSPA Representative: Mr. Raymond Bouchey; Community Representatives: Mr. Jean Cesar and Mrs. Wendy Lanouette.

The next Parent Council meeting is scheduled for Thursday, November 12th, 2009, beginning at 6:00 p.m. in our chapel. See you there!

THANK YOU



Mr. Ray Bouchey and Mr. John Mahoney for barbequing at our Open House event in September

The Minto Group care of Mr. Roger Greenberg for the Ottawa 67's tickets



Balla Machree Inc. for their very generous financial donation to support our students

Mrs. Russ-Mahoney for all her organization and hard work at the front office

To Mr. Joe and Ms. Doreen for our sparkling school

Mr. Roy Elliot, Ms. Robin De Marinis and Ms. Melissa Leblanc for helping to keep our sidewalk accessible to bus riders and walkers



Mrs. Louise O'Neill for all of her volunteer help in the office



Ms. Judi Linseman for her service in the Breakfast Club, starting up soon!

